

Safety in Birth Begins with Midwives

- * RESPECTFUL TREATMENT *
- * PERSONAL ATTENTION *
- * EMOTIONAL SUPPORT *
- * CONFIDENCE IN OUR BODIES *
- * EDUCATION AND INFORMATION *

Midwives are specialists in normal birth.

Midwives recognize that *birth is a normal, healthy process*.
Midwives *focus more on women and babies as individuals* and less on technology.

A thorough knowledge of birth
allows midwives to *minimize the use of*
technology and medical interventions.

Midwives do not expose women and babies
unnecessarily to potentially harmful interventions.

**Research shows that
midwives are the safest care providers for
the majority of women
with normal pregnancies and births.**